

OBSTACLE COURSES



Polskok
PROTECHMAT



Obstacle courses

Young people need exercise and physical activity that perfectly affects their development. So they look for places where they can have fun, run out and use their energy in a perfect way. The obstacle courses that blend in perfectly with the surroundings come to the rescue.

It was first built in 1912 by a French military instructor - Georges Héber, who at the same time developed his own physical education system called "Natural Method". Its assumptions do not differ much from the basics of parkour, street workout, calisthenics and crossfit that are popular today.

SO, WITH US, YOU WILL CREATE PERFECT TRAINING AREA FOR YOUR GUESTS, WHERE EVERYONE WILL FIND SOMETHING FOR THEIR OWN.

OCR / NINJA CAGES



OCR / Ninja cages for indoor use as additional equipment for fitness **club or boulder centre** ! It is “**must have**” for each wellness centre. As you know, OCR can make its debut during Summer Olympic Games in 2028 as **new modern pentathlon discipline**. So now it is perfect solution for each sports centre. This market strongly evolves, among others thanks to showing competitions like **Ninja Warrior Games on TV**.

Especially for you, we prepared 3 types of OCR / Ninja cages, where you can place great amount of devices on very small surface which gives you wide possibilities of trainings! Here everyone can choose proper type of cage according to their club possibilities. There is also possibility of your cage extension in the following years.

WE CAN ALSO PREPARE INDIVIDUAL VISUALISATION AS WELL AS CALCULATION FOR YOUR NEEDS AND OBJECT! ASK OUR SELLER ABOUT IT!

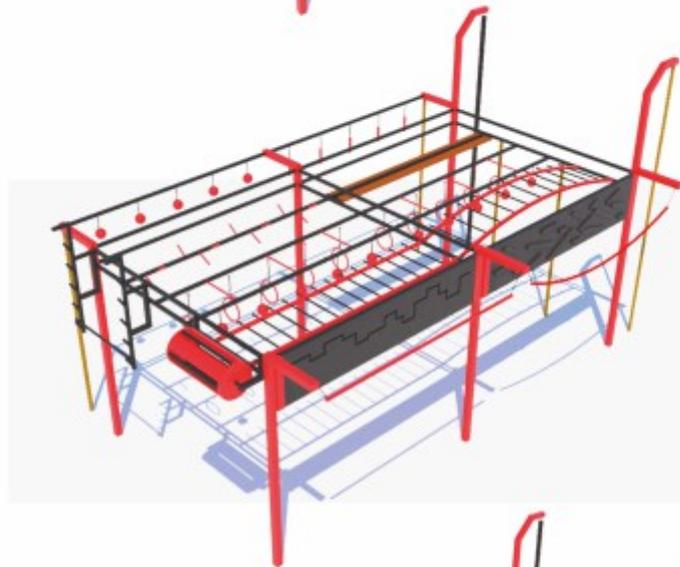
Cage OCR 1

Width: 2,8 m
Length: 2,8 m
Height of the poles: 2,8 m



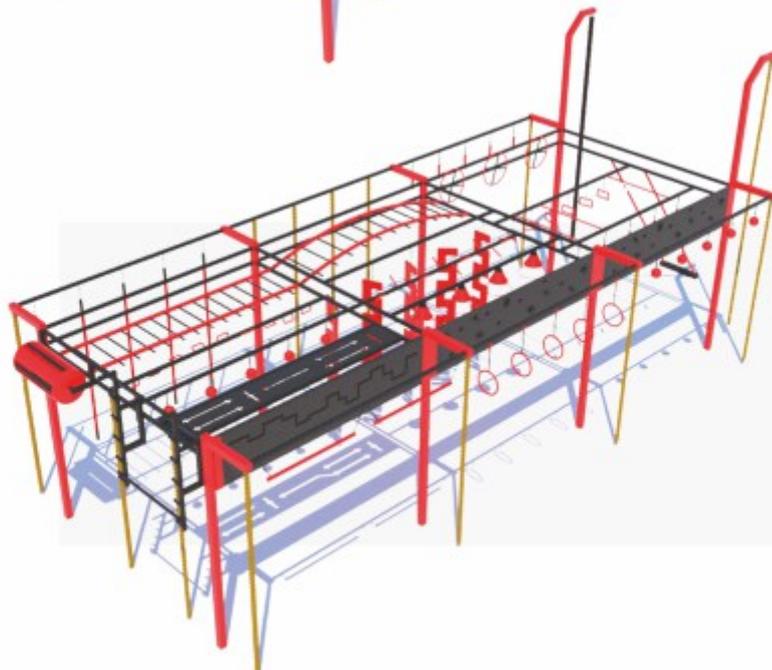
Cage OCR 2

Width: 5,6 m
Length: 2,8 m
Height of the poles: 2,8 m

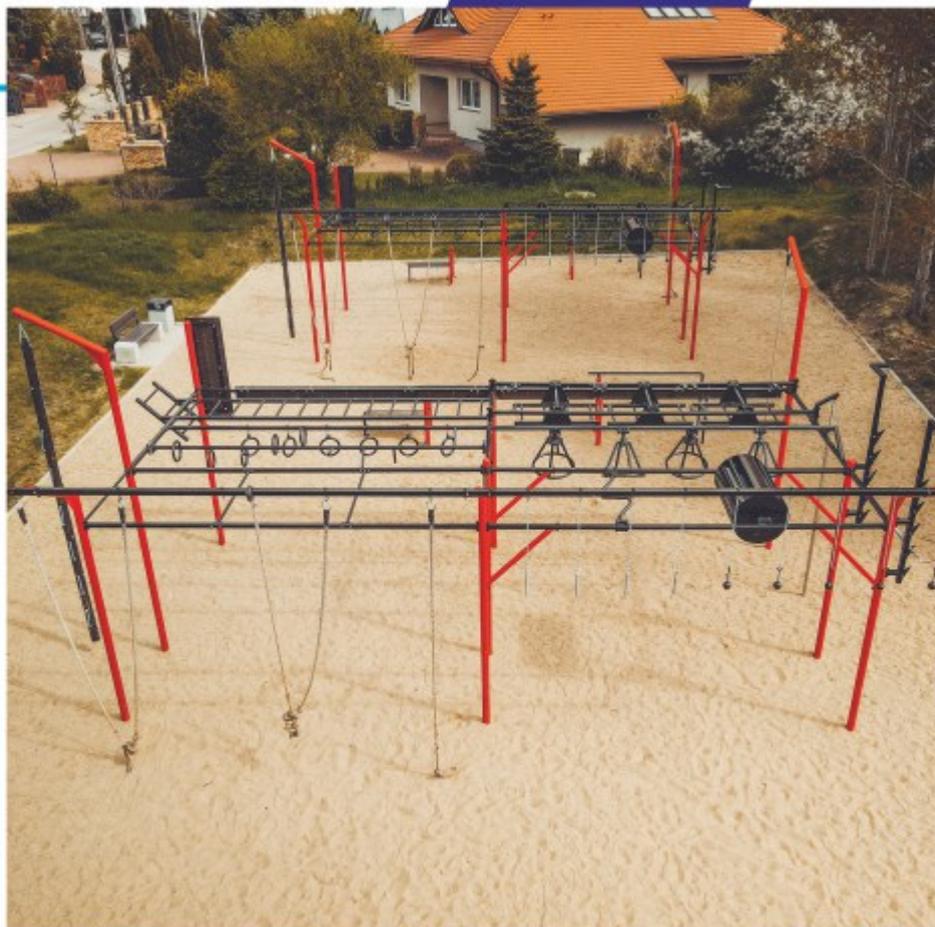


Cage OCR 3

Width: 8,4 m
Length: 2,8 m
Height of the poles: 2,8 m



INDOOR OCR / NINJA CAGES

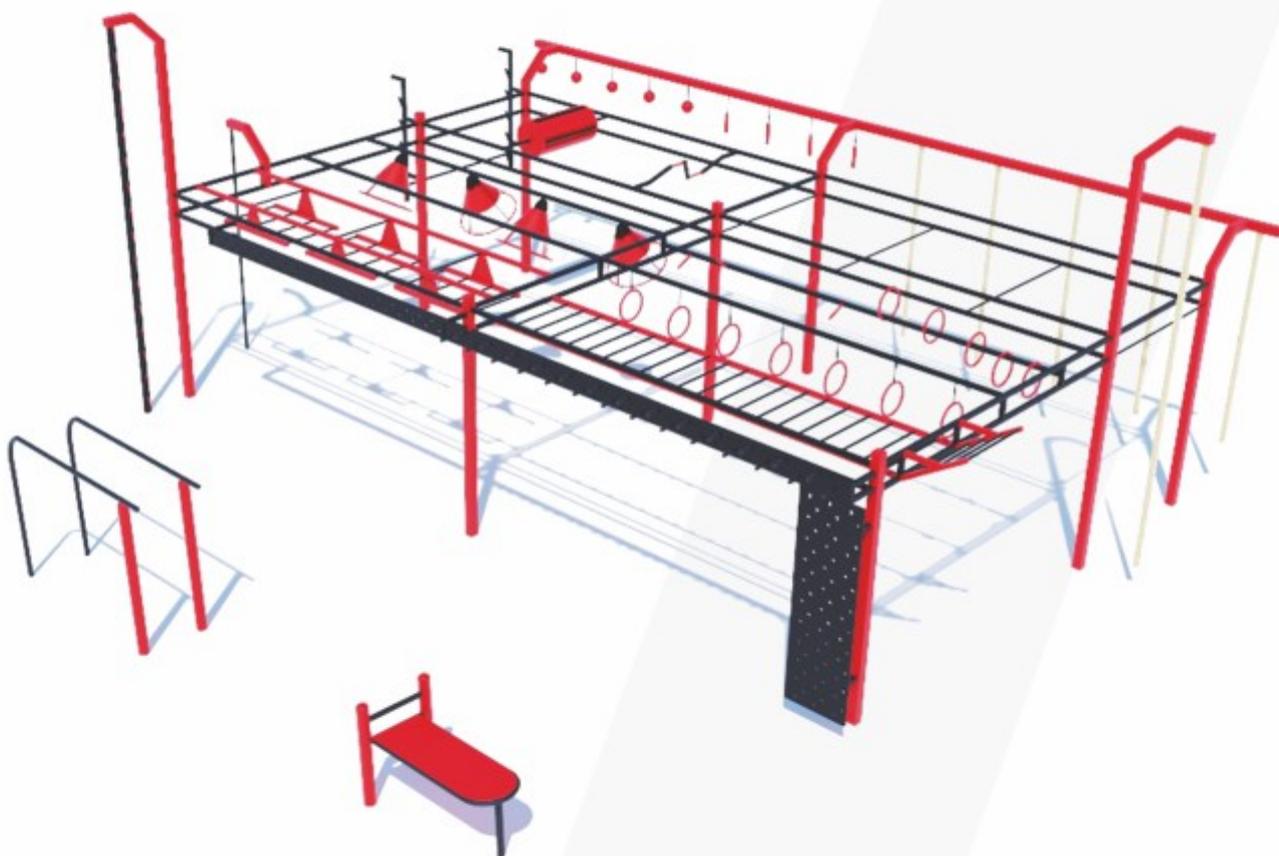


GRAND

**MULTIGRAND
SET**

Make your **own obstacle course / OCR cage** with us. We will do our best to use as many obstacles as we can on the surface you have. We know that making your own gym is not easy and very often it can be difficult because of the technical conditions of the room. Send us the pictures of your gym, its dimensions, and your expectations. **We will do the rest!** We will prepare perfect set, especially for your needs, that will fulfil expectations of the most experienced OCR / Ninja runners!

ZTP - 19
Multigrand set
Safety area: 8,5 x 10 m



PARKOUR SETS



Parkour is to overcome the obstacles in the fastest and most efficient way possible using your own body.

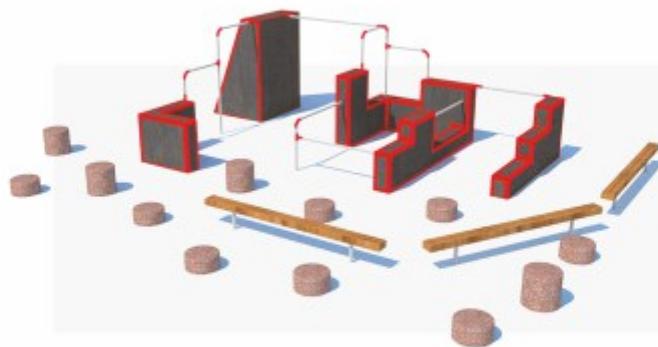
Our parks enable to connect several disciplines, i.e. parkour, freerun, street workout, as well as gymnastics. Our previous realizations show that such parks are popular among wide age group of users.

We had an opportunity to take part in drafting European safety norm concerning parkour: PN-EN16899E. It is a proof that our parks will fulfil the highest European standards.

PK(D) - 29

Parkour set Przeprawa

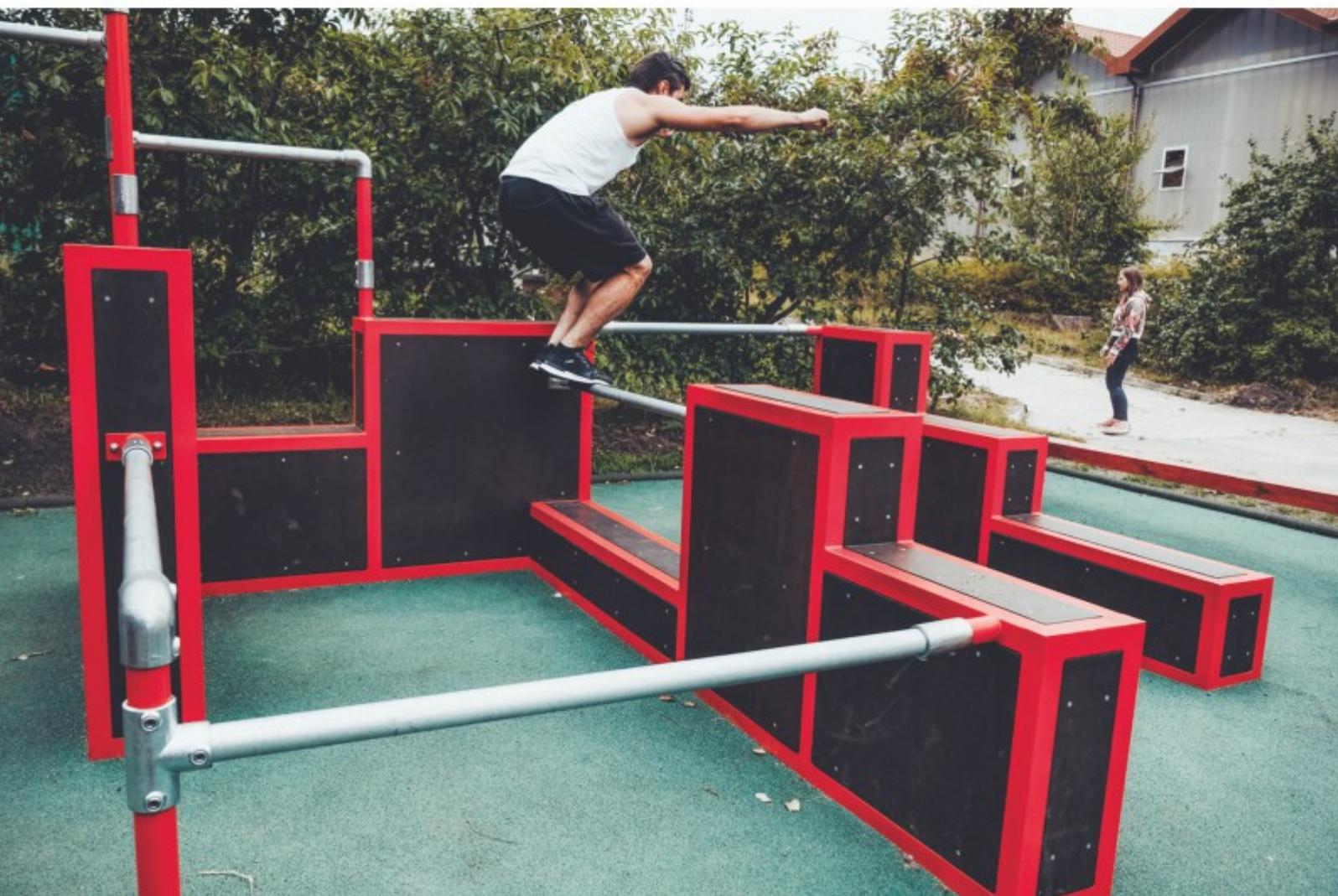
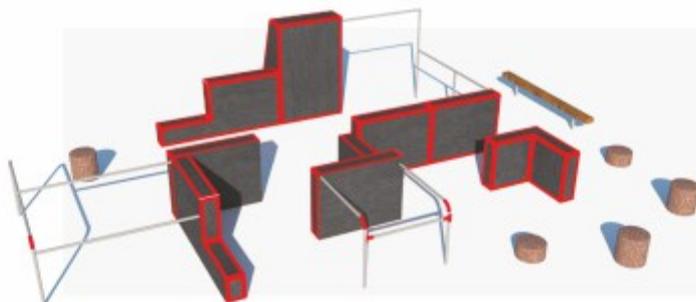
Safety area: 11,5 x 10 m



PK(D) - 31

Parkour Set Wolność

Safety area: 35 x 25 m



INDOOR DEVICES



We encourage you to make, with our help, unforgettable, fully functional sports object which will be used for years!

Polskok is also the manufacturer of the sports elements for indoor use. Our experience allow us to prepare sports elements for each sports gym. Starting with **indoor football pits** up to **crossfit elements**. Thanks to our experience we can make the most complex projects. We are specialized in production of the elements made of **carbon steel and stainless one**. We help you from the first line in the project up to the last screw placed in the gym.



SW-CF 01
UDW - 01 / 3,6 x 2,7 m



SW-CF 02
UDW - 02 / 8,5 x 4 m



SW-CF 03
UDW - 03 / 3,2 x 2,5 m



SW-CF 04
UDW - 04 / 8 x 3 m



SW-CF 05
UDW - 05 / 2,7 x 3 m



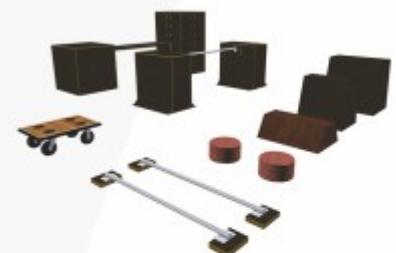
SW-CF 06
UDW - 06 / 10,4 x 5,6 m



PK mobile big
UDW - 07 / 8,7 x 7,1 m



PK mobile medium
UDW - 08 / 6,1 x 5,9 m



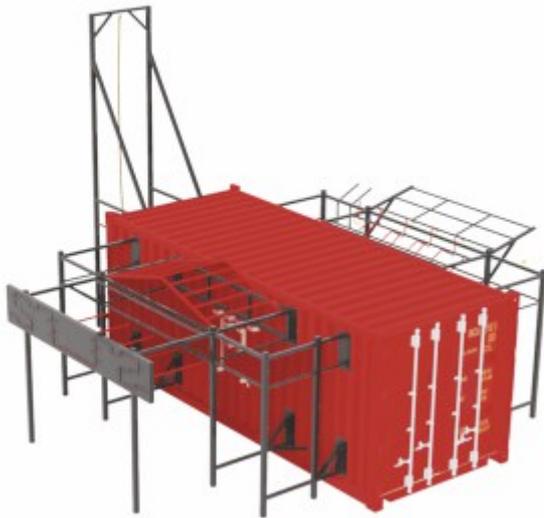
PK mobile small
UDW - 09 / 5,4 x 5,1 m

OBSTACLE COURSES NINJA CROSS CONTAINERS



An **absolute** novelty! **Mobile** or **stationary** containers with your own obstacle course! It is perfect supplement of the training with **Obstacle Course Training** or **Ninja Warrior**! You will love them.

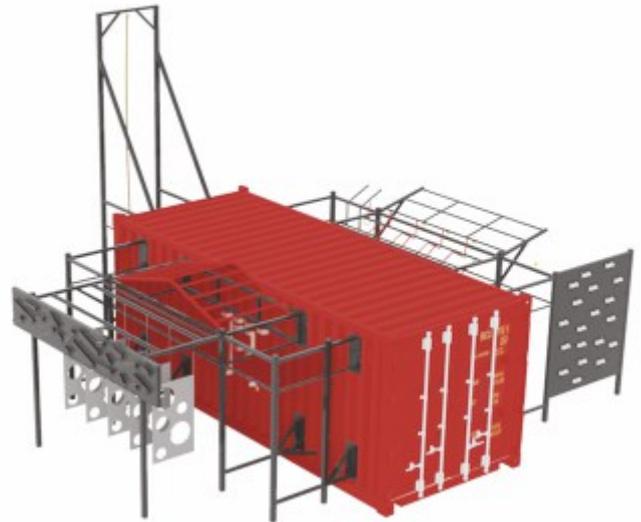
Ideal supplement of **each sports club** for warm period of time if you have **only 60m2** outdoor surface! Investment without planning permission!



2x cages, Climbing rope, Labyrinth, Broken ladder, Gymnastic rings, Madman, Pipes on chains, 5 pcs. crutches

PT CONTAINER NINJA 01

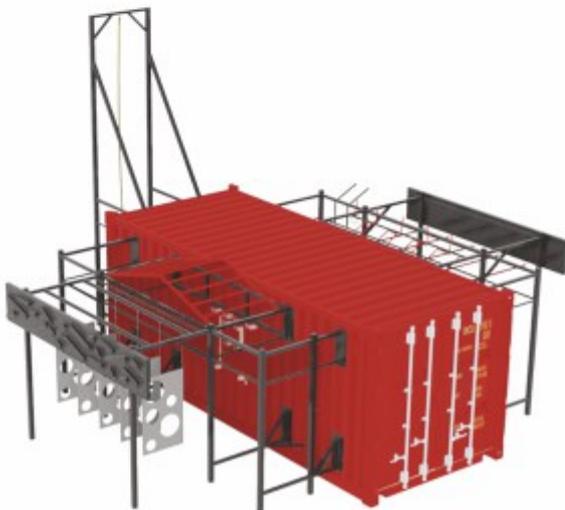
Safety area: 8,25 x 8,9 m



2x cages, climbing rope, Break ladder, Gymnastic rings, Madman, 5 pcs. balls, Climbing wall, Hanging plates, Peg board

PT CONTAINER NINJA 02

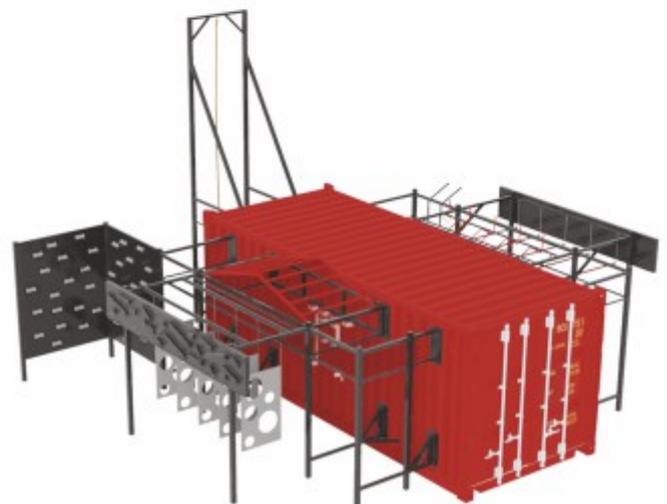
Safety area: 9,45 x 8,9 m



2x cages, climbing rope
Broken ladder, Gymnastic rings, Madman
Hanging Plates, Labyrinth, Peg board, Pipes on chains

PT CONTAINER NINJA 03

Safety area: 8,25 x 8,9 m



2x cages, 2 x climbing wall, climbing rope, Broken ladder, Gymnastic rings, Madman, 5 pcs. crutches, Climbing Wall, Hanging Plates, Peg board, Labryint, Pipes on chains

PT CONTAINER NINJA 04

Safety area: 9,45 x 8,9 m

The container equipment is available in 3 variants.

ENJOY SPORTS WITH US!

Sport mats:



Air Products:



Martial Arts:



Bouldering:



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